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Daily Meditations Resume

Daily meditations are texts meant to feed our mental prayer, inviting us to stop and converse with God each day of the liturgical year.

09/11/2023

After a brief pause, publication of the texts will resume on 12 September. The meditations for the current week can always be found on our homepage, below the most recent news items.

The Christian Life section of this website contains an index of all the daily meditations published up to now, as well as other resources for prayer. It will be updated as new meditations are published.

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